

# Alzheimer Society

DURHAM REGION



## Dementia Education

November 9, 2022

Sarah Wels, Coordinator of Client Support and Education

# Education for people living with dementia

- First Steps for People Living with Dementia Workshop
- Taking Control of Our Lives

# Education for care partners

- Care Essentials
- Comfort & Care in Late Stages
- First Steps for Care Partners
- Taking Control of Our Lives
- Living the Dementia Journey
- Monthly Spotlights
- Options for Care
- U-First! for Care Partners
- Next Steps
- Virtual Dementia Tours

# Education for health care professionals

- U-First!
- Gentle Persuasive Approaches (GPA)
- Monthly Health Care Professionals Spotlight
- Virtual Dementia Tours
- Dementia Friendly Communities

# Education for general public

- Dementia Awareness
- Monthly Spotlights
- Dementia Friendly Communities
- Finding Your Way
- Virtual Dementia Tours

# Priorities & Gaps

- Dementia awareness within the community
- Retirement home staff education and training
- Dementia friendly communities

# How can we help?

- **Support Services and Groups**
- Information and referral/system navigation (FirstLink<sup>®</sup> program)
- 1:1 support / counselling / case management
- Care partner support groups
- Group therapy for care partners - Reitman Centre Enhancing Care Program: CARERS, TEACH
- **Education and Training**
- 1:1 education consults, learning series, seminars
- Safety: Finding Your Way<sup>®</sup> and MedicAlert<sup>®</sup> Safely Home<sup>®</sup>
- Public awareness/Dementia-Friendly Communities
- U-first training for Care Partners
- **Active Living**
- Young Onset Adult Day Program
- Recreation Programs / Minds in Motion<sup>®</sup>
- **Other programs and events**
- French Language Services
- Respite Program
- MINT Memory Clinics (Oshawa, Bowmanville, Scarborough)
- Annual IG Wealth Management Walk for Alzheimer's
- Volunteer program



[www.alzheimer.ca/durham](http://www.alzheimer.ca/durham)

905-576-2567 | 1-888-301-1106

**Alzheimer Society**

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Help us continue our mission to improve the lives of those living with dementia and their care partners.



To make a donation, visit [www.alzheimer.ca/durham](http://www.alzheimer.ca/durham)  
or call 905-576-2567 ext. 5222 | toll-free 1-888-301-1106



Aidez-nous à poursuivre notre mission d'améliorer la vie des personnes atteintes de troubles neurocognitifs et de leurs partenaires de soins.



Pour faire un don, visitez [www.alzheimer.ca/durham](http://www.alzheimer.ca/durham) ou par téléphone au 905-576-2567 ext. 5222 | sans frais au 1-888-301-1106

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## Thank you!

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